This is a simple Word document help us illustrate the insertWordFragmentAfter/Before methods.

$BLOCK\_EXAMPLE$

Let us include an image first:



And a table:

|  |  |
| --- | --- |
| Sample Table | Data |
| First row | First data |
| Second row | Second data |

$BLOCK\_EXAMPLE$

And a list to finish:

* One
* Two
* Three
	+ Subitem